



**Intake Information**

(to be completed by client and/or legal guardian)

Please complete the following questionnaire. This information will be discussed more thoroughly in session and used to determine goals for treatment.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

Telephone Number: \_\_\_\_\_  
Home Work

Can I leave a message at home?  Yes  No Can I leave a message at work?  Yes  No

Can you be reached by Email?  Yes  No Email address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Highest level of education: \_\_\_\_\_

How satisfied are you with your job? \_\_\_\_\_

Briefly describe your reason(s) for seeking help at this time: \_\_\_\_\_  
\_\_\_\_\_

What do you wish to accomplish through the process of therapy? \_\_\_\_\_  
\_\_\_\_\_

Marital/Relationship Status (check all that apply):

- Married  Separated  Widowed  Divorced  Remarried  
 Single  Long term relationship  Cohabiting

Other: \_\_\_\_\_

Current partner's name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Length of relationship: \_\_\_\_\_ How satisfied are you with this relationship? \_\_\_\_\_

Do you have any children (biological, adopted, foster, step, etc.)?  Yes  No

If yes, please list names and ages:

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Do your children currently live with you?  Yes  No

If no, where do they live? \_\_\_\_\_

Have you ever been in therapy before?  Yes  No

If yes, briefly describe the reason(s), date(s), and length of treatment: \_\_\_\_\_

\_\_\_\_\_

Was it a positive experience?  Yes  No

Your basic health?  Good  Fair  Poor

When was your last physical exam? \_\_\_\_\_

Who is your Physician? \_\_\_\_\_

Do you have any difficulty sleeping?  Yes  No

If yes, please describe briefly: \_\_\_\_\_

Do you have any chronic illnesses, medical conditions, or injuries?  Yes  No

If yes, please describe: \_\_\_\_\_

Have you ever had any head injuries or concussions?  Yes  No

Are you presently taking any medication, herbs, supplements, etc.?  Yes  No

If yes, please list: \_\_\_\_\_

Do you have any physical, emotional, or mental condition now or in the past that I need to be aware of?

Yes  No If yes, what?: \_\_\_\_\_

Have you ever been hospitalized?  Yes  No

If so, for what? \_\_\_\_\_

What do you enjoy doing in your spare time? \_\_\_\_\_

Are there things that you used to do, or would like to do, but currently don't? \_\_\_\_\_

How would you describe your spiritual or religious beliefs? \_\_\_\_\_

Please describe anything else you think would be important for me to know about you, your family or family history?

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Did someone refer you?  Yes  No If yes, who? \_\_\_\_\_

May I contact him or her?  Yes  No

Please circle any of the following that presently cause you difficulty:

- |               |                   |                      |                 |
|---------------|-------------------|----------------------|-----------------|
| Assertiveness | Parenting         | Digestive issues     | Nightmares      |
| Bedwetting    | Nervousness       | Physical abuse       | Education       |
| Temper        | Stress            | Memory               | Headaches       |
| Unhappiness   | Grief             | In-laws              | Health problems |
| Alcohol use   | Sexual problems   | Loneliness           | Ulcers          |
| Energy        | Children          | Divorce / Separation | Depression      |
| Inferiority   | Drug use          | Finances             | Fears           |
| Past Trauma   | My past           | Career choices       | Legal matters   |
| Marriage      | Concentration     | My thoughts          | Sleep           |
| Parents       | Relaxation        | Sexual abuse         | Friends         |
| Sadness       | Appetite          | Work                 | Self-control    |
| Guilt         | Confusion         | Self-concept         | Religion        |
| School        | Suicidal thoughts | Decision making      | Insomnia        |
| Ambition      | Shyness           | Dating               | Fatigue         |

Other: \_\_\_\_\_

Now put an \* by the items that are causing you the MOST difficulty.